

**APPENDIX 1 . WEIGHT AND HEIGHT CENTILE TABLE FOR *GIRLS***

AGE	Weight ( kg )			HEIGHT ( cm )		
	3%	50%	97%	8%	50%	97%
Birth	2.5	3.5	4.4		50	
3 months	4.4	5.6	7.2	55	60	65
6 months	6.2	7.8	9.3	62	67	72
9 months	7.8	9.2	11.6	65	71	76
12 months	8.4	10.3	12.8	70	75	80
15 months	9	11.0	13.6	73	78	84
16 months	9.4	11.6	14.2	75	81	87
21 months	9.8	12.2	14.8	78	84	90
2 years	10.2	12.7	15.5	80	87	93
2 1/8 years	11	13.7	16.7	84	92	99
3 years	11.6	14.7	18	85	95	104
3 1/2 years	12	15	19	90	97	105
4 years	13	16	20	93	100	108
4 1/2 years	14	17	21	96	104	112
5 years	15	18	22	99	107	116
6 years	16	19	25	104	114	123
7 years	18	22	26	109	120	129
8 years	19	24	32	114	125	135
9 years	21	26	36	118	130	142
10 years	23	29	56	123	135	148
11 years	25	33	46	126	141	156
12 years	28	37	52	133	147	161
13 years	31	41	57	170	153	167
14 years	36	46	62	172	158	170
15 years	40	51	67	149	160	172

**Head circumference ( cm ) for GIRLS**

	3%	50%	97%
Birth	33	35	38
12 months	43	46	48
18 months	45	47	50
2 years	46	48	51
3 years	47	49	52
5 years	48	50	53
8 years	50	52	54
12 years	51	53	56
14 years	52	54	57

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21 months	9.8	12.2	14.8	78	84	90
2 years	10.2	12.7	16	80	87	93
2 1/8 years	11	13.7	17	84	92	99
3 years	11.6	14.7	18	86	95	103
3 1/2 years	12	15.8	19	90	98	106
4 years	13	17	20	94	101	110
4 1/2 years	14	18	22	96	105	114
5 years	14.5	19	23	100	108	117
6 years	16	21	25	105	114	124
7 years	17	23	28	110	120	130
8 years	19	25	31	115	126	137
9 years	21	27	35	120	132	143
10 years	23	30	39	125	137	148
11 years	25	34	43	128	142	154
12 years	27	38	49	133	147	160
13 years	30	43	55	137	151	165
14 years	33	48	62	142	157	172
15 years	39	55	67	148	163	179

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3 years	48	50	53
5 years	49	51	54
8 years	50	52	55
12 years	51	51	56
14 years	53	56	58